



March 1, 2024

DR. AMIHAN APRIL C. MELLA-ALCAZAR
Acting University President
Urdaneta City University

Thru: ATTY. DAR A. DIGA
Chief Operating Officer

Dear Madam;

Respectfully forwarding herewith the Project Proposal re: **Training on After-care Management of Children with Cognitive and Defined Behavioral Problems** for your approval. The objective of the project is to enable parents of Children with Cognitive and Defined Behavioral Problems, barangay stakeholders and teachers in the assessment and proper management of children – through coordination, provision of trainings and assistance on the proper care and teaching of the said children to become socially, physically and emotionally productive.

Your approval in this regard will be a great endeavor for the university's research and extension programs and services.

Thank you very much and God bless.

Very truly yours,


JERRY C. DICHOSO, EdD
Director, Center for Community Development and Extension Services

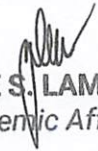


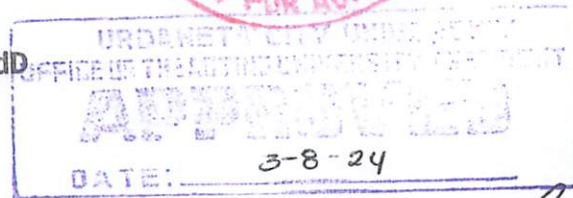
Noted:


FLORY C. BELTRAN, RGC
Head, Gender and Development




Recommending Approval:


JOSEPHINE S. LAMBINICIO, EdD
VP for Academic Affairs




ATTY. MICHAEL HENRY C. SEVILLEJA
OIC, VP for Administrative Affairs


Camille

Prof: 
MARI KAPITAN.



PROJECT PROPOSAL

- I. **PROJECT TITLE:** Training on After-care Management of Children with Cognitive and Defined Behavioral Problems
- II. **PROPOSED DATE:** March - May 2024
- III. **VENUE: 10 Adopted Elementary Schools**
 - a) Bactad Community School
 - b) Tiposu Elementary School
 - c) Oltama Elementary School
 - d) Camanang Elementary School
 - e) Sta Lucia Elementary School
 - f) Cabaruan Elementary School
 - g) Vicente Taaca Elementary School
 - h) Sugcong Elementary School
 - i) Labit West Elementary School
 - j) Sitio Leet Elementary School
- IV. **FUNDING SOURCE:** Urdaneta City University - GAD Budget
FUNDING REQUIREMENT: Php. 22,500.00
- V. **PROPONENT/S:** Center for Community Development and Extension Services, various Extension Coordinators
- VI. **BENEFICIARIES:** Primary beneficiaries are the parents of school children with cognitive and defined behavioral problem from the adopted schools of Urdaneta City University
- VII. **RATIONALE:**

Based in the U.N. Convention on the rights of a child, the best interests of the child must be a top priority, the right to live in a family environment or alternative care and to have contact with both parents, health and welfare rights including rights for children with disabilities- the right to health and health care and social security, the right to education, leisure, culture and the arts. Children with special needs, recognizes that "children with disabilities should have full enjoyment of all human rights and fundamental freedoms on an equal basis with other children. It is also stated on the rights of every child:

- a) Their right to wholesome family life, the child's learning environment and teachers at their home and family. They are entitled to be a part of a loving family that will instill ethical values and morals in them.
- b) Their right to be raised well and become contributing members in the community, by raising them in a safe and loving environment, parents and guardians can shape the personalities of their young to be useful and contributing members of their respective communities when they grow older.
- c) Every child has the right to education, every child should have the means to go to a classroom and to have access to books and learning materials that can enrich their intelligence and skills.
- d) Every child has the right to play and leisure to engage in a wholesome recreational activity whenever they wish and not to be exploited.

Now a days, it has been observed that increasing numbers of children with cognitive, define behaviors and behavioral impairment (autism, learning disorder, mental retardation/slow learners, attention deficit disorders (ADD), attention deficit hyperactive disorder (ADHD), global developmental delays (GDD), intellectual and memory loss) also known as intellectual disability, a term used when a person has a certain limitations in mental functioning and in skills such as communication, self-help and social skills. These



limitations will cause a child to learn and develop more slowly than a typical child. If not properly assisted and managed, these poor children may become a victim of bullying, addressed to be an abnormal child, prevented from playing for they are judged to be destructive, out casted and worst is prevented them to go to school. They are even treated as burden among the family members and in the community. Some parents and families may deny and hide their child for they cannot accept due to social status, economic condition and lack of awareness on the proper intervention of their child's needs.

Study shows that the instant ways of living being practiced now a days, unhealthy foods, too much exposures of gadgets /computer games at an early age, lack of communication and supervision between the child and to his family is one of the causes of this child's situation, and if properly prevented through early detection, after-care and management, these children could be taken care of. Hence there is a need that parents of these children be given knowledge and skills in the home management and after care on the child.

VIII. OBJECTIVES:

General Objectives: To enable parents of Children with Cognitive and Defined Behavioral Problems, barangay stakeholders and teachers in the assessment and proper management of children through coordination, provision of trainings and assistance on the proper care and teaching of this children to become socially, physically and emotionally productive.

a) Specific Objectives:

- 1) Protect the rights and freedom of children with cognitive and defined behaviors to be provided proper detection, assessment and management;
- 2) To help strengthen awareness of parents, teachers, stakeholders in the school in the assessment and detection and after-care of children with the above-mentioned situation;
- 3) To integrate strategies, facilitate and promote therapeutic learning and mental health programs of the Urdaneta City University through the Center for Community Development and Extension Services, Psychological Assessment and Counseling Center and other colleges;
- 4) Strengthen information systems, evidence and research for therapeutic learning and mental health specifically on the situation of children with cognitive and defined behaviors.

IX. PROJECT DESCRIPTION:

Related University Extension Program:

The Urdaneta City University through the Center for Community Development and Extension Services and Psychological Assessment and Counseling Center will provide trainings and equip parents of school children in the management of their children with cognitive and defined behaviors in the adopted schools. To further sustain the project various partnership programs from different colleges shall become training background of the university students:

- a) **Psychological Assessment and Counseling Center and College of Human Sciences** – provision of training and counseling to parents, partners of the parents in the assessment, and after-care of their children.



- b) **College of Arts and Science** – the CAS students could formulate and help in the advocacy on the awareness of the community on the detection and prevention as well as responsibilities of parents and the community on the promotion of child’s rights.
- c) **College of Teacher Education and P.T. Orata Library**– could provide learning facilities, creative skills and play activities for children based on the developmental domains of children. These activities will surely help the parents in assisting the children developed their expected developmental domains.
- d) **College of Health Sciences** – provision of health services, maternal and child care services, training and seminars on child care especially for children with special needs.

Committee, Task and Responsibilities:

- a) **Center of Community Development and Extension Services** – responsible in the planning, implementation, coordination, networking and evaluation of the program and recommends other extension services and activities
- b) **College of Human Sciences , Psychological Assessment and Counseling Center**-responsible in the provision of counseling to parents in the assessment and after-care of their children. Referrals in the management of the children with special needs as well case management and evaluation on the effectivity and efficiency of the services extended.
- c) **College of Arts and Sciences** – conceptualize child friendly advocacies on the awareness of the community on the detection and prevention as well as responsibilities of parents and the community on the promotion of child’s rights.
- d) **College of Teacher Education and P.T. Orata Library** – conceptualize learning facilities, creative skills and play activities for children based on the developmental domains of children and could recommend to the parents’ techniques/strategies in the management of learning styles of their children at home
- e) **College of Health Sciences** – provider of health services, maternal and child care services, training and seminars on child care specially for children with special needs. Discuss to the parents and teachers’ other observations/recommendations that will redound to the best health of the school children
- f) **Parents and Children** – the beneficiaries of the proposed project and their full cooperation on the program will redound to the efficiency and effectivity of the project.

X. PROJECT METHODOLOGY:

Methods/Strategies used in the Implementation of the Project:

PPA's	Methods / Strategies	Time	Responsible Persons	Expected Output
Training of Parents on Assessment and After-care Management of Children with cognitive and defined behavior	Skills Training		CCDES, CTE, PACC, CHUMS	All parents are equipped on the Detection, assessment and Management of Children with special needs
Coordination with other	Coordination		CCDES	All colleges involve in the program will be able to prepare PPAs in line with the objectives



colleges on the PPAs				
Immersion and introduction of the program objectives and expectations			CCDES, PACC, various colleges involved	Enable the CCDES established working relationship with the School Principal and Teachers and parents
Program implementation on the assessment and after-care management assistance to children with cognitive and define behavior		All year round	CCDES, PACC various colleges involved	<p>Provided knowledge and skills to parents on the after-care management/handling/homecare of children with cognitive and defined behavior</p> <p>Established learning and play therapy activities in the school</p> <p>Conducted advocacy on the welfare of children especially on the rights of children with special needs.</p> <p>Parents/families are enabled in the management of their children cognitive and define behavior</p>
Monitoring and evaluation			CCDES, PACC various colleges involved	Monitor the efficiency and effectivity of the activities using evaluation tools
Review and Planning			CCDES, PACC various colleges involved	CCDES, PACC, extension coordinators reviewed and prepared sustainable activities on the long-term implementation of the program

XI. ROLES AND RESPONSIBILITIES:

Office/Personnel	Functions
Center for Community Development and Extension Services, Psychological Assessment and Counseling Center	<ul style="list-style-type: none"> ✓ Prepare Project Proposal for the training/orientation ✓ In charge of the coordination of the project to the target Community; and ✓ Evaluate the Impact of the activity on the beneficiaries
UCU - Administration	<ul style="list-style-type: none"> ✓ Reviews and approves the project proposal submitted ✓ Approves the counterparts of the budget ✓ Provides vehicle service for the CCDES staff
UCU Center for Research and Development	<ul style="list-style-type: none"> ✓ Assist in the preparation of monitoring and evaluation tools for the project
Participating colleges/ departments	<ul style="list-style-type: none"> ✓ Participate in the implementation of the project



X. BUDGETARY REQUIREMENTS

ITEM DESCRIPTION	QUANTITY	ESTIMATED COST	SOURCE OF FUND
Streamer	1 PC.	Php. 500.00	UCU
1 snack	30 parents 5 – school principal, teachers 10 – UCU speakers and <u>facilitators</u> 45 pax <u>X 10 schools</u> 450 pax	50.00 x 450 pax = 22,500	UCU – GAD Budget
TOTAL		Php. 22,500.00	

XI. MONITORING AND EVALUATION:

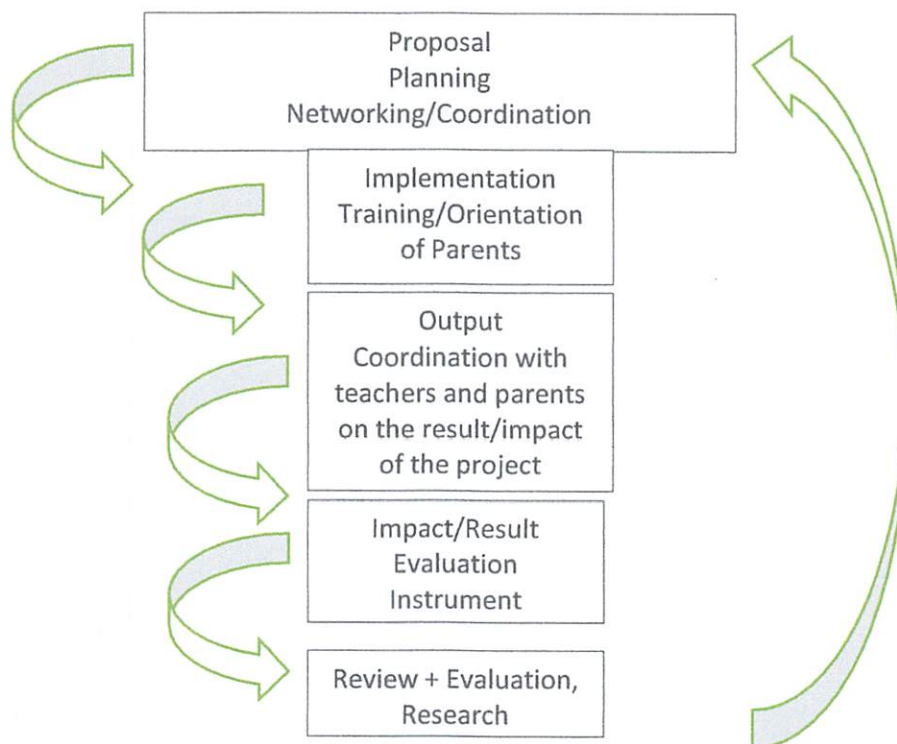
The UCU Administration and the proponents will ensure proper supervision, implementation, monitoring, evaluation, and documentation of the said activity.

System of Monitoring:

Monitoring of the programs / activities will be conducted monthly in coordination with the school principal / teachers. Meeting with parents and provide other interventions needed. Collaboration with the other colleges/departments on the flow of their activities and impact of their outputs.

Output Appraisal of the Project to ensure the realization of Objectives:

The diagram below shows the result and impact of the PPAs:





XII. RECOMMENDATION:

Premised on the relevance of the proposed activity presented, its approval is respectfully recommended. Materials and budget needed amounting to **Twenty-Two Thousand Five Hundred Pesos Only (Php. 22,500.00)** will be provided by UCU-GAD budget, however, it is not limited to utilizing other resources or contributions from various individuals who are generous to extend support to the proposed activity.

Prepared by:

JERRY C. DICHOSO, EdD

Director, Center for Community Development and Extension Services

RECOMMENDING APPROVAL:

FLORY G. BELTRAN, RGC

Head, Gender and Development

DR JOSEPHINE S. LAMBINICIO

VP for Academic Affairs

ATTY. MICHAEL HENRY C. SEVILLEJA

OIC, VP for Administrative Affairs

Cc:

MONETTE S. LOCQUIAO, MaEd, RGC

Director, Psychological Assessment and Counseling Center